

<p>National 'A'</p>	<p>Those swimmers in 'A' squad that have achieved a National time in the current year (not relays). Swimmers will have until after Counties to obtain one for the following year. If a time is not achieved swimmers will drop down to 'Regional A' until a time is achieved. Swimmers will be expected to attend all evenings and a minimum of 3 mornings. Min ages - G 13 / B 14 .</p>
<p>Regional 'A'</p>	<p>Those swimmers that have achieved a 'Regional' time and will compete in the SER Age group or Youth events. These swimmers will be expected to do all 4 evenings and 3 mornings. Min age - G 13 / B 14</p>
<p>Senior 'A'</p>	<p>Those swimmers from 'A' that are now unable to fully commit due to college etc. and those swimmers in 'A' that are now not achieving 'Regional' times and not competing regularly. (reduction in fees) Swimmers from University etc. will also fall into this squad during the holidays.</p>
<p>Junior Regional 'B'</p>	<p>Those swimmers in 'B' that have achieved 'Regional' times and competed in the SER BAGCAT events. Must maintain training commitment. Max age G 13 / B 14</p>
<p>County 'B'</p>	<p>Those swimmers that have achieved 'County' times and are working towards 'Regional' times. Must be maintaining sessions of 3 evenings and 2 mornings & working at 'B' squad level (coaches decision) Min age G 11 / B 12</p>

Don't Forget All swimmers above can swim all 5 mornings Mon 6 -7 & Tue – Fri 6 - 7.30